

HEMINGWAYS

WATAMU



SPA BROCHURE





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Hemingways Watamu Spa

Step into a serene sanctuary of wellness where the Indian Ocean breeze, expert touch, and natural botanicals come together to restore body, mind, and spirit.





MASSAGE THERAPIES

BODY MASSAGE (SWEDISH)

A sensory full-body massage combining the power of touch and scent to ease tension, improve circulation, and leave you completely relaxed.

60 mins
90 mins

KSH 7,000
KSH 9,000

BACK, NECK AND SHOULDER MASSAGE

Focused relief for tense upper-body muscles — ideal for those short on time.

30 mins

KSH 5,000

THE HEMINGWAYS IN HARMONY MASSAGE

A fusion of Eastern Thai and classic techniques designed to restore balance to body, mind, and spirit.

60 mins
90 mins

KSH 7,500
KSH 9,000

AFRICA GOLD MASSAGE

A luxurious full-body treatment using organic shea butter to deeply hydrate, nourish, and revitalise.

60 mins
90 mins

KSH 8,000
KSH 9,500

PRE-NATAL MASSAGE

A gentle, supportive massage tailored for expectant mothers to ease tension and promote relaxation.

75 mins

KSH 9,000

AFRIQUE AROMA / AROMATHERAPY MASSAGE

A calming massage using carefully selected essential oils to promote emotional and physical wellbeing.

60 mins
90 mins

KSH 7,500
KSH 9,500

THE HEMINGWAYS REPAIR DEEP TISSUE MASSAGE

Targets deeper layers of muscle to relieve chronic tension, aid recovery, and improve flexibility.

60 mins
90 mins

KSH 7,500
KSH 10,000

FOOT AND LEG TREATMENT

Soothes tired legs and feet, improves circulation, and provides lasting relief after long days of travel.

45 mins

KSH 6,000

THE HEMINGWAYS REVITALISING FOOT TREATMENT

A refreshing aloe and coffee foot scrub followed by a tension-relieving foot massage to restore balance.

60 mins

KSH 6,500

THE HEMINGWAYS REVITALISING BACK TREATMENT

A purifying back scrub and massage designed to ease muscular tightness and refresh the skin.

60 mins

KSH 6,000

HOT STONE MASSAGE

Smooth basalt stones are used to penetrate deep into the muscles, relieving tension and promoting calm.

90 mins

KSH 10,000

THE HEMINGWAYS HERBAL RELAXING MASSAGE

A full-body massage using a blend of moringa, coconut, lavender, and rosemary oils to relieve stress and nourish the skin.

60 mins

KSH 9,000

BODY SCRUBS & MASKS

MYRRH BODY SCRUB BY TERRES D'AFRIQUE

A mineral-rich exfoliation ritual to detoxify, smooth, and energise the skin.

40 mins

KSH 6,500

ALOE BODY SCRUB BY TERRES D'AFRIQUE

Hydrating and soothing, this scrub is ideal for sun-stressed or sensitive skin.

40 mins

KSH 6,000

COFFEE BODY SCRUB

This invigorating treatment helps to firm and tone the skin while improving circulation.

40 mins

KSH 6,000

BODY MASK

A luxurious body wrap designed to hydrate, purify, and nourish the skin.

40 mins

KSH 7,500

THE HEMINGWAYS SOOTHING AND DETOXIFYING BODY MASK

A full-body and facial wrap with detoxifying properties, combined with a gentle massage to leave skin balanced and renewed.

90 mins

KSH 13,000

THE HEMINGWAYS REJUVENATING BODY MASK

An indulgent treatment that firms and brightens the skin, complemented by a full-body massage.

90 mins

KSH 13,000

SIGNATURE EXPERIENCES

THE HEMINGWAYS EXPLORER PACKAGE

Includes an Aromatherapy Massage followed by a manicure and pedicure — the perfect post-travel ritual.

2 hrs 30 mins

KSH 14,500

THE HEMINGWAYS COMPLETE DETOXIFYING JOURNEY

Combines a detoxifying facial, full-body wrap, and In Harmony.

3 hrs

KSH 20,000

THE HEMINGWAYS HAKUNA MATATA REJUVENATING JOURNEY

A body scrub and hydrating wrap followed by our signature Africa Gold Massage — the ultimate coastal indulgence.

2 hrs 30 mins

KSH 18,500

THE HEMINGWAYS RELAX AND RECONNECT JOURNEY

Choose your preferred Aromatherapy Massage and pair it with a full-body exfoliation for complete renewal.

1 hrs 40 mins

KSH 14,500

THE GIRLS' GETAWAY

Includes a body mask, aromatherapy massage, mini facial, and pedicure, ideal for friends or solo celebration.

3 hrs 30 mins

KSH 18,000

COUPLE'S RITUAL

A shared experience with a Coffee or Aloe Scrub, mini facial, body mask, and Africa Gold Massage, ideal for reconnecting and unwinding together.

3 hrs

KSH 48,000

SPECIALIZED TREATMENTS

AFTER-SUN TREATMENT

A soothing option for sun-exposed skin, combining cooling hydration with a restorative herbal massage.

1 hrs 30 mins

KSH 13,000



FACIALS, HANDS & FEET, WAXING

FACIALS

DETOXIFYING FACIAL

Purifies and refreshes skin exposed to environmental pollutants. 60 mins KSH 7,500

MAISHA MAREFU REJUVENATING FACIAL

A brightening, anti-ageing treatment designed to restore radiance and vitality. 60 mins KSH 8,000

CRYSTAL HYDRATING FACIAL

Intensely moisturising for dry or dehydrated skin, promoting a youthful, dewy glow. 90 mins KSH 9,500

MINI FACIAL

An express facial that refreshes and revives tired skin — perfect when time is short. 30 mins KSH 4,000

FACE MASSAGE

A refreshing facial massage designed to relax, rejuvenate, and restore your natural glow, the perfect quick indulgence. 20 mins KSH 2,000

HANDS & FEET

PROFILE MANICURE

Nail shaping, cuticle care, and polish to restore the natural beauty of your hands. 30 mins KSH 2,500

PROFILE PEDICURE

A thorough treatment including foot exfoliation, nail care, and polish. 60 mins KSH 3,000

POLISH APPLICATION

Includes nail shaping and polish for hands or feet. 20 mins KSH 1,000

GEL/SHELLAC REMOVAL

Professional removal of gel polish with gentle buffing and care. 30 mins KSH 1,000

ACRYLIC, OVERLAY OR GUM GEL REMOVAL

Expert removal of artificial enhancements. 45 mins KSH 1,500
Add cuticle treatment. KSH 1,000

WAXING

BODY WAXING

Bikini line	KSH 2,500	Brazilian	KSH 3,500
Underarm	KSH 1,500	Full arm	KSH 2,500
Half arm	KSH 2,000	Half leg	KSH 2,500
Full leg	KSH 2,800	Half chest	KSH 2,000
Full body	KSH 9,000		

FACIAL WAXING

Full facial	KSH 2,000	Eyebrows	KSH 1,000
Lip and chin	KSH 1,000		

OUR PRODUCT PHILOSOPHY

We proudly use Terres d'Afrique, a luxury African skincare range rooted in biodiversity and traditional healing practices. These organic, ethically sourced products are infused with botanical actives from across the continent and created in harmony with nature. Rich in essential nutrients, each formula is designed to nourish, heal, and balance, delivering sensorial experiences that awaken the body and calm the spirit.

Their ethos follows the Nagoya Protocol, embracing sustainable harvesting, fair trade, women's empowerment and conservation of indigenous wisdom. Every treatment at Hemingways Spa is thoughtfully curated using Terres d'Afrique to enhance your wellness journey and connect you more deeply with Africa's natural gifts.

SPA OPERATING HOURS

Open daily from 10:00 am to 6:00 pm.

SPA ETIQUETTE

To preserve a peaceful environment, we kindly ask that mobile phones be set to silent and that noise is kept to a minimum. Smoking and alcohol are not permitted.

RESERVATIONS AND ARRIVAL

Advance reservations are recommended. Please arrive 15 minutes prior to your treatment time to allow for check-in and consultation.

LATE ARRIVAL AND CANCELLATION POLICY

Late arrivals may result in a shortened treatment time. Cancellations made within 6 hours of the scheduled appointment or no-shows will be charged 50% of the treatment cost.

GIFT VOUCHERS

Delight a loved one with a Hemingways Spa gift voucher, available at reception.

HEALTH CONSIDERATIONS

Please inform us of any medical conditions, allergies, or pregnancy prior to your treatment. This allows our team to provide the most appropriate care for your needs.

THE BOTANICAL POOL

Open from 7:00 am to 6:00 pm.

Enjoy a refreshing swim after your spa treatment.

Access is complimentary for hotel residents and spa guests. Subject to availability, please check with spa staff.

THE GYM

Open daily from 6:00 am to 7:00 pm.

Closing time may be extended on request.

RESERVATIONS

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E. spa.watamu@hemingways.co
W. hemingways-collection.com







LOCATION & CONTACT

Hemingways Watamu

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