

HEMINGWAYS

RETREAT KIGALI

SPA BROCHURE





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Ubuki Wellness Spa

at Hemingways Retreat Kigali

Rediscover balance,
renew your glow, and
awaken your senses.

Nestled within the tranquil gardens of The Retreat, our boutique wellness sanctuary offers a personalised spa experience rooted in relaxation, restoration, and Rwandan-inspired care. Whether you're visiting for an hour or a full day, allow our expert therapists to guide you on a restorative journey of self-care.



SIGNATURE EXPERIENCES

Indulgent treatments carefully designed to restore balance and enhance wellbeing.

RUHUKA STRESS RELIEF

Ease tension and unwind with a stress-relieving massage, rejuvenating body scrub, and calming herbal tea. 1.5 hrs \$150 | Rwf 217,500

TETA RADIANCE RESTORE

A full-body revival including exfoliation, therapeutic massage, a glowing facial, luxury pedicure, and a healthy juice. 3 hrs \$400 | Rwf 580,000

BAHO FULL BODY WELLNESS

An immersive ritual combining a body scrub, hot stone massage, and revitalising facial with herbal tea to restore harmony. 2.5 hrs \$290 | Rwf 420,500

RAMBARELAX & DETOX

A deeply soothing aromatherapy massage, express facial, detox juice and to cleanse and calm the system. 1.5 hrs \$160 | Rwf 232,000

DAY RETREAT – UBUKI SIGNATURE PACKAGE

Includes a body scrub, hot stone massage, facial, and herbal tea, followed by lunch at Fusion with a glass of house wine or two local beers. Enjoy access to the gym and pool, along with day use of a Deluxe King Room from 11:00 am – 5:00 pm (Subject to availability with advance booking). 2.5 hrs \$500 | Rwf 725,000

MASSAGE THERAPIES

Let go of tension, ease fatigue, and unwind in expert hands.

HOT STONE THERAPEUTIC MASSAGE Warm basalt stones melt away deep muscle tension and promote circulation.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
AROMATHERAPY MASSAGE Gentle strokes with essential oils to balance mood and relax body and mind.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
DEEP TISSUE MASSAGE A powerful massage targeting deep muscle layers to relieve chronic tension.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
SWEDISH MASSAGE Flowing strokes and kneading techniques for total body relaxation.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
TRIGGER POINT MASSAGE Focuses on relieving muscle knots and tension-related discomfort.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
BACK OF THE BODY MASSAGE A focused massage for the back, shoulders, and legs — ideal for quick relief.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
HEAD, NECK & SHOULDER MASSAGE Soothes tension and stress concentrated in the upper body.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
HANDS & FEET MASSAGE A calming massage that rejuvenates tired extremities and supports circulation.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
PEACEFUL PREGNANCY MASSAGE A nurturing treatment designed specifically for expectant mothers to ease lower back pain, reduce swelling, and promote deep relaxation.	60 mins	\$100	Rwf 145,000
JETLAG RECOVERY TREATMENT (JETLAG EASER) Created with international travelers in mind, this rebalancing session combines light massage, reflexology, focused work on the head and shoulders, and a calming tea ritual to restore energy and reset the body clock.	30 mins 60 mins	\$50 \$95	Rwf 72,500 Rwf 137,750
BODY SCRUB A full-body exfoliation that leaves the skin smooth, soft, and glowing.	30 mins 60 mins 90 mins	\$50 \$95 \$125	Rwf 72,500 Rwf 137,750 Rwf 181,250
COUPLES MASSAGE / IN-ROOM SERVICE Enjoy a couples massage together in a private setting.	30 mins 60 mins 90 mins	\$100 \$190 \$250	Rwf 145,000* Rwf 275,500* Rwf 362,500*
FOUR HANDS MASSAGE Experience the ultimate relaxation with a four hands massage, as two therapists work in perfect harmony to restore balance and calm.	30 mins 60 mins 90 mins	\$100 \$190 \$250	Rwf 145,000* Rwf 275,500* Rwf 362,500*

* An additional \$20 supplement applies when both guests are accommodated in the same room.



FACIALS, NAIL TREATMENTS

FACIALS

EXPRESS FACIAL A quick and effective boost that deeply cleanses, tones, and hydrates, leaving skin feeling refreshed and energised.	30 mins	\$45 Rwf 65,250
REFRESH & RENEW FACIAL A classic facial using nourishing products to exfoliate, brighten and revitalise tired skin, restoring natural glow.	60 mins	\$85 Rwf 123,250
ANTI-AGING FACIAL A luxurious treatment that targets fine lines and signs of fatigue, using firming massage techniques and age-defying active ingredients to smooth and rejuvenate.	60 mins	\$130 Rwf 188,500

NAIL TREATMENTS

Polished, elegant hands and feet.		
MANICURE		\$22 Rwf 31,900
PEDICURE		\$22 Rwf 31,900
MANICURE + PEDICURE		\$40 Rwf 58,000
FRENCH MANICURE		\$30 Rwf 43,500
FRENCH PEDICURE		\$35 Rwf 50,750
GEL MANICURE (OR REMOVAL)		\$35 Rwf 50,750
GEL PEDICURE (OR REMOVAL)		\$40 Rwf 58,000



WAXING

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Polished, elegant hands and feet.

FULL LEGS	\$65 Rwf 94,250
HALF LEGS	\$55 Rwf 79,750
FULL ARMS	\$58 Rwf 84,100
HALF ARMS	\$40 Rwf 58,000
EYEBROWS	\$25 Rwf 36,250
NOSE	\$22 Rwf 31,900
EARS	\$22 Rwf 31,900
UPPER LIP	\$22 Rwf 31,900
CHIN	\$22 Rwf 31,900
FULL FACE	\$40 Rwf 58,000
BIKINI LINE	\$40 Rwf 58,000
FULL BIKINI	\$60 Rwf 87,000
STOMACH	\$45 Rwf 65,250
UNDERARM	\$35 Rwf 50,750
CHEST	\$60 Rwf 87,000
BACK	\$60 Rwf 87,000

ADDITIONAL INFORMATION

PHYSIOTHERAPY SERVICES

- Available upon request
- Session: \$60
- Tailored recovery and mobility support by qualified physiotherapists.

PRIVATE FITNESS SESSIONS

Enhance your wellness journey with private fitness classes led by certified instructors. Choose from Yoga, Pilates, Zumba, or Kickboxing, available by reservation only.

- One-on-one or small group sessions available
- Prices start from \$25 per person for groups of six or more

SAUNA & STEAM ROOM

Cleanse, unwind, and recharge.

Our wellness area features a traditional sauna and steam room, designed to soothe muscles, stimulate circulation, and detoxify the body. We recommend using them before your treatment to deepen relaxation and enhance results. Access is complimentary for in-house guests and available to day spa clients booked for treatments over 60 minutes.

SPA ETIQUETTE & INFORMATION

BOOKING & ARRIVAL

Advance bookings are encouraged to ensure availability. Please arrive at least 15 minutes before your appointment to allow time to check in and relax.

CANCELLATIONS

Cancellations made less than 4 hours before the appointment will incur a 50% charge. No-shows will be charged in full.

WHAT TO WEAR

We provide robes, slippers, and towels. Disposable underwear is available for body treatments. Please dress comfortably and modestly.

HEALTH CONSIDERATIONS

Kindly inform us of any medical conditions, allergies, or pregnancy at the time of booking so we can tailor your treatment accordingly.

MOBILE DEVICES

To maintain a peaceful spa atmosphere, we kindly request that phones be switched off or placed on silent during your visit.

SPA OPENING HOURS

Open daily from 8:00 am to 8:00 pm.

RESERVATIONS

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LOCATION & CONTACT

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